

## Our Traditional 12" Wood-Fired Pizza

Our standards are high, and all pizzas are made and cooked to order. So that they reach you at their very best, they will be served straight from the oven. This means that food coming from our kitchen may arrive before OR after your pizza.

### Authentic Neapolitan Pizzas with Homemade Passata di Pomodoro

Margherita D.O.C. - Buffalo Mozzarella and Fresh Basil (V)	£13.95
Quattro Formaggi - Blue Cheese, Cheddar, Mozzarella & Parmesan (V)	£15.95
Padana - Goat's Cheese, Spinach and Caramelised Red Onion (V)	£15.95
Prosciutto & Funghi - Italian Cured Ham, Mushrooms and Mozzarella	£15.95
Banchetto di Carne - Sausage, Chicken, Pepperoni, Salami and Mozzarella	£15.95
Milano Forte - Spicy Nduja Sausage, Milano Salami, Jalapenos and Mozzarella	£15.95
Calabra - Pepperoni, Red Onion, Mozzarella and Wild Rocket	£15.95
Banchetto di Verdure - Vegan Mozzarella, Peppers, Red Onion, Sweetcorn, Olives & Spinach (VG)	£14.95
Spicy American - Tomato Base, Mozzarella, Pepperoni, Nduja, Jalapenos, Fresh Chilli	£15.95
Tartufo - Garlic Base, Mozzarella, Mushroom, Truffle Oil and Parmesan	£15.95

### Special Pizzas

Hunter's Hog - BBQ Sauce Base topped with BBQ Chicken, Overnight Roasted Pulled Pork, Spring Onions & Mozzarella	£15.95
Mediterranean Lamb, Pepper & Red Onion, Crumbled Feta & Mint Yoghurt Drizzle Chopped Fresh Parsley	£15.95
Marina - Tomato Base, Mozzarella, Anchovy, Prawns, Smoked Salmon	£15.95
Calabrese - Tomato Sauce Base, Mozzarella, Nduja, Burrata & Hot Honey	£15.95
Maple Bacon - Garlic Base, Mozzarella, Bacon, Rocket and Maple Syrup	£15.95
Hawaiian - Tomato Base topped with Ham, Pineapple and Mozzarella	£15.95

### Garlic Flat Breads

12" Garlic Bread (VG)	£9.95	12" Garlic Bread with Mozzarella (V)	£11.95
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<b>Kids' 6-inch Pizzas with Tomato Base and Mozzarella</b> - Margherita (V), Pepperoni, Ham or Chicken	£8.50
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### Starters & Lighter Bites

Crispy Chicken Wings Coated in Spicy Buffalo Sauce with Blue Cheese Dressing	£10.95
Baked Camembert with Garlic Doughballs and Red Onion Chutney	£11.95
Prawn Cocktail with Marie Rose Sauce and Brown Bread	£12.95
Hoision Duck Bao Buns with Cucumber and Spring Onions	£12.95
Classic Whitebait with Garlic and Chive Mayonnaise	£9.95
Pork Belly Bites with Asian Salad	£10.95
Goats Cheese, Beetroot and Sweet Potato with Rocket Garnish	£11.95
Crispy Tomato, Basil and Balsamic Aranchini with Dressed Rocket	£11.95
Tempura King Prawns wirth Asian Salad and Sweet Chilli Dipping Sauce	£13.95
Halloumi Fries with Chilli Jam	£9.95

### Baguettes all served with Salad and Coleslaw (served 12-5)

Swannington Ham Baguette with Dijon Mustard Mayonnaise & Watercress	£12.95
Grilled Chicken Breast Baguette Rocket, Truffle Mayo and Parmesan	£11.95
Buffalo Mozzarella Baguette with Sliced Beef Tomatoes & Green Pesto	£12.95

### Vegetarian

Chickpea and Sweet Potato Coconut Curry with Pilau Rice and Garlic Nann, Onion Bhaji (VG and GFO)	£19.95
Classic Greek Salad with Crispy Halloumi and Toasted Flat Bread (V) (VGO)	£16.95
The Halloumi - Crispy Breaded Halloumi with Sweet Chilli Jam, Shredded Gem, Tomato, Pickled Gherkin - Toasted Brioche Bun & Fries (VGO)	£21.95
The Suns Superfood Salad - mixed leaf, pumpkin seed, sundried tomatoes, sweet potato, avocado, crispy chickpeas, pickled onion and pomegranate	£22.95
Wild Cream of Mushroom Tagliette with Dressed Rocket & Parmesan Shavings (GFO)	£18.95

For guests with any food/drink allergies please advise us at point of ordering

# Rising Sun Sunday Menu

### Mains

Traditonal Scampi with Sea Salt Fries, Garden Peas and Tartare	£18.95
Beer Battered Haddock Fillet with Chunky Chips and Garden Peas	£19.95
Short Crust Steak and Ale Pie with Creamy Mash, Seasonal Greens and Caramalised Onion Gravy	£22.95
Pan Seared Swordfish with Sesame Garlic Glaze, Sticky Rice and Asian Crab Salad	£25.95
Piri Piri Marinated Half Rotisserie Chicken with Sea Salt Fries and Jalopeno Slaw (GF)	£23.95
Fresh Cromer Crab Salad with Sea Salt Fries and Lemon Aoili and Brown Bread	£20.95
Pan Fried Salmon with Crushed Potatoes, Asparagus and Pesto Drizzle (GF)	£24.95
BBQ Baby Back Ribs with Fries and Coleslaw (GF)	£22.95
Lamyais' Chicken Thai Green Curry with Jasmine Rice & Vegetable Spring Rolls	£21.95
Hariisa Marinated Charred Lamb Chops with Fattoush Salad, Crispy Halloumi, Mint Yoghurt Dressing & Warm Flat Bread	£26.95
Classic Caesar Salad with Grilled Chicken and Croutons (GF)	£24.95
Calabrian Chilli King Prawn Tagliette with Fresh Basil	£23.95
Braised Beef Short Rib Taglitelle with Garlic Doughballs, Dressed Rocket & Parmesan Shavings (GFO)	£19.95
Crispy Chilli Chicken with Stir Fry Vegetables, Wilted Pak Choi, Jasmine Rice, Toasted Sesame Seeds, Spring Onions & Coriander	£19.95

### Swannington Steaks & Burgers

Cajun Marinated Flat Iron Steak with Classic Caesar Salad & Spiced Fries (GF)	£24.95
10oz Sirloin with Chunky Chips, Roasted Plum Tomatoes, Grilled Portobello Mushroom, Onion Rings & Peppercorn Sauce	£32.95
Swannington Dry Cured Gammon with Fried Hens Egg, Chunky Chips & Garden Peas (GF)	£23.95
The Rising Sun - 6oz Steak Burger with Shredded Gem, Tomato, Pickled Gherkin, Crispy Bacon, American Cheese, BBQ Sauce - Toasted Brioche Bun & Fries	£18.95
The Chicken - Crispy Butterflied Chicken Breast, Pickled Red Onions, Hot Honey & Smoked Paprika Mayo	£19.95

All Steaks and Burgers can be (GF) - Please ask your server

### Traditional Sunday Roasts

All served with Roast Potatoes, Creamy Mash, Yorkshire Pudding, Gravy and Vegetables

Roast Sirloin of Beef (served pink)	£22.95	Parsnip & Cranberry Nut Loaf with Roast Potatoes, Gravy and Vegetables (V)	£19.95
Crackling Loin of Pork with Stuffing & Apple Sauce	£21.95	Cauliflower Cheese	£5.95
Roast Chicken Breast with Stuffing	£20.95		

### Sides

Chunky Chips or Fries (VG) (GF)	£4.95	Onion Rings	£5.95	Scampi and Tartare	£7.95
Cheesy Chips (GF)	£5.95	Mixed Spanish Olives	£5.95	Homemade Coleslaw (GF)	£4.95
Piri Piri Popcorn Chicken with Chipotle Mayo	£7.95	Classic Nachos with Cheese, Salsa and Guacamole	£9.95	Classic Caesar Salad (GF)	£5.95

## Childrens' Menu

Battered Fish and Chips	£9.95
Grilled Sausage and Mash with Peas	£8.95
Chicken Nuggets and Chips with Baked Beans	£8.95
Cheeseburger and Chips	£8.95
Pasta Bolognese (gf)	£8.95
Kids' 6-inch Pizza - Margherita, Pepperoni, Ham or Chicken	£8.50

## Desserts

Biscoff Cheesecake with Salted Caramel Ice Cream	£9.50
Warm Chocolate Brownie with Chocolate Sauce & Vanilla Bean Ice Cream	£7.95
Classic Treacle Tart withn Clotted Cream (VGO)	£7.95
Classic Sticky Toffee Pudding with Salted Caramel Ice Cream & Toffee Sauce (GF)	£7.95
Classic Strawberry Eton Mess (GF)	£8.50
Salted Caramel Profiteroles with Chocolate Sauce	£7.95
Mixed Ice Cream and Sorbet (GF) - please ask for flavours	£6.95

## Beers

<b>Draught</b>		pint	half
Moretti		£6.70	£3.35
Madri		£6.50	£3.25
Pravha		£5.80	£2.90
Aspals		£6.40	£3.20
Guinness		£6.40	£3.20
<b>Bottles</b>			
Old Mout 500ml	Berries & Cherries	£6.00	
	Pineapple & Raspberry	£6.00	
	Kiwi & Lime	£6.00	
	Berries & Cherries 0%	£6.00	
Corona 330ml		£4.50	
Desperodos 330ml		£4.50	
Ghostship 0.5%		£5.10	
Peroni 0% 330 ml		£3.80	
Gluten Free Peroni 330ml		£4.90	
Guinness 0%		£5.00	

## Soft Drinks

		medium	large
Pepsi		£3.50	£4.00
Pepsi Max		£3.50	£4.00
Pepsi Diet		£3.50	£4.00
Lemonade (Sugar Free)		£3.50	£4.00
Icon Bottle Coke Cola (330ml)			£4.00
Icon Bottle Diet Coke Cola (330ml)			£3.80

London Essence 200ml serving		£2.50
Tonic (Slimline)		£2.50
Orange & Elderflower (slimline)		£2.50
Ginger Ale		£2.50
Orange & Fig Flavored Soda		£2.50
Raspberry & Rose Flavored Soda		£2.50
White Peach & Jasmine Flavored Soda		£2.50
Still Water 330ml		£3.50
Sparkling Water 330ml		£3.50
Fruit Shoot 275ml		
Orange		£2.50
Blackcurrent		£2.50
Strawberry		£2.50
J20		
Orange & Passionfruit		£3.40
Apple & Mango		£3.40
Apple & Raspberry		£3.40
Fruit Juice		
Orange Juice		£2.50
Apple Juice		£2.50
Pineapple Juice		£2.50
Cranberry Juice		£2.50
Apletiser		£2.50
Elderflower Presse		£3.20
Cordial & Soda		£2.50
Fruit Juice and Lemonade		£3.00
Fruit Juice and Soda		£2.70
Red Bull		£2.80

## Speciality Coffee & Tea Menu

Double Espresso	£3.20
Double Espresso Macchiato	£3.30
Café Americano	£3.30
Cappuccino	£3.40
Flat White	£3.40
Cafe Latte	£3.40
Flavoured Syrup (hazelnut, caramel, vanilla)	+ 60p
Hot Chocolate	£3.30
Hot Chocolate Deluxe	£4.30
Decaffinated Coffee	£3.30
English Tea & Fruit Teas	£3.10
Selection of Liqueur Coffees	from £5.50



## COLCHESTER INNS

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**FOOD ALLERGIES & INTOLERANCES** - All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients.

Key: V = vegetarian VG = vegan GF = gluten-free Please ask a member of staff if you require assistance