

RISING SUN LIGHTER MENU

(Available 12.00 - 5.00)

LIGHTER LUNCH

Honey Glazed Ham & Norfolk Dapple Cheddar Ploughman's	£10.00
Sausage and Mash with Roast Vegetables, Gravy and Crispy Onions	£12.00
Spicy Shrimps with Sea Salt Fries, Sweet Chilli Sauce & Charred Lime	£13.00
Rising Sun Toasted Steak Sandwich, Onion Marmalade, Garlic Mayo,	£10.00
Classic Caesar Salad with Parmesan Croutons	£8.00
add Chicken £2 OR add Kiln Roast Salmon £3	
Toasted Classic BLT with Salad and Coleslaw	£7.50
Home Made Fish Finger Sandwich with Chunky Tartar Sauce, Salad and Coleslaw	£7.50

CIABATTAS

BBQ Pulled Pork	£7.50
Dry Cured Ham & Cheese	£7.00
Chestnut Mushroom & Binham Blue	£7.00
Tomato, Mozzarella & Basil Pesto	£7.00
Tuna Mayonnaise	£7.00
Local Sausage & Caramelised Onion	£7.50

JACKET POTATOES

Fine Prawn & Marie Rose Sauce GF	£8.00
Mature Cheddar & Baked Beans GF	£7.50
Chestnut Mushroom & Binham Blue GF	£7.50
Tuna Mayonnaise GF	£8.00
BBQ Pulled Pork GF	£7.50

FOOD ALLERGIES & INTOLERANCES

All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

SIDES

Hand Cut Chips GF	£3.50
French Fries GF	£3.50
Cheesy Chips GF	£4.00
Sweet Potato Fries GF	£5.00
Onion Rings	£4.00
Coleslaw GF	£4.00

DESSERTS

Rich Dark Chocolate and Orange Nemesis with Mascarpone GF	£6.00
Ginger and Vanilla Cheese Cake with Mango Salsa	£6.00
Warm Treacle Tart with Clotted Cream and Candied Zest	£6.00
Tunisian Orange and Poppy Seed Cake with Lemon Curd	£6.00
Apple & Blackberry Crumble with Oat Topping and Toffee Ice Cream	£6.00
Cheese Board with Biscuits, Grapes & Chutney	£8.50
Mixed Ice Cream & Sorbet GF	£5.50

PLEASE ASK FOR OUR
CHILDRENS MENU

Colchester Inns

The Rising Sun

The Rising Sun, Wroxham Road,
Coltishall, Norwich NR12 7EA
Tel: 01603 737440
manager@risingsuncoltishall.co.uk
www.risingsuncoltishall.co.uk

Recruiting Sergeant

Recruiting Sergeant, Norwich Road,
Horstead NR12 7EE
Tel: 01603 737077
admin@recruitingsergeant.co.uk
www.recruitingsergeant.co.uk

The Bucks Arms

The Buckinghamshire Arms, Blickling,
Aylsham, NR11 6NF
Tel: 01263 732133
contact@bucksarms.co.uk
www.bucksarms.co.uk

The Black Boys

The Black Boys Hotel & Restaurant,
Aylsham, Norfolk. NR11 6EH
Tel: 01263 732122
admin@blackboyshotel.co.uk
www.blackboyshotel.co.uk

The Ship Inn

The Ship Inn, The Street, South Walsham,
Norwich NR13 6DQ
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